

OCCUPATIONAL HEALTH AND WELLNESS

Children's Medical Center

<https://dallaschildrens.sharepoint.com/occupational-health/Pages/default.aspx>

In Case of Emergency

If you have an emergency (illness, injury, or blood exposure) please page the on-call Occupational Health nurse. To find the on-call nurse, access the Paging Directory in the left navigation bar on ChildNet 2.0. In the lower left, you will find On-Call Schedule Search. In the search bar, type either "Occupational Health Dallas" or "Occupational Health Plano" and click "On-Call Now."

Location and Hours

Children's Medical Center Dallas: Located in the Bright Building, 2nd floor, Suite E2000

- Phone: (214) 456-8678
- Hours: Monday – Friday, 6:30am – 4:30pm
- You can walk in or make an appointment
- Last patients are seen at 4:00pm

Children's Medical Center Plano: Located in Specialty Clinic 1 Building (ACP) 1st floor, P-1600/1602

- Phone: (469) 303-7300
- Option #2 for schedule changes that day
- Option #5 or (469) 303-4010 to leave a call back number to schedule an appointment
- Hours: Monday – Friday, 7:00am – noon; 1:00pm – 4:00pm
- Last patients are seen at 3:30pm

Trinity Towers: Located on the 6th floor, Suite 6200

- Phone: (214) 456-0032
- Hours: Monday – Friday, 7:30am – noon; 12:30pm – 4:00pm
- Last patients are seen at 2:30pm

Employee Health Checks

Occupational Health performs health checks for new employees before the first day of work and annually during the 30 days before the employee's anniversary date. The health check includes a review of the employee's medical history, immunizations (including updated immunizations, as needed), blood pressure check, and Quantiferon Gold blood test for tuberculosis.

Other Services

- Annual TB respirator fit test
- Flu vaccinations
- Health coaching
- Blood exposure
- On-the-job injuries or illnesses

Online Employee Health Records

Occupational Health offers an employee portal that gives you secure access to your personal vaccination records, titers and other Occupational Health test results, as well as the date of your most recent annual health check.

As a new employee, you will receive an email from Occupational Health containing a link to the Occupational Health Employee Portal. To get started, you must enter the following information:

- **Username:** Enter the username shown in the email from Occupational
- **Email address:** Enter the username shown in the email + @childrens.com. For example, if your username is “joedoe” your email address would be joedoe@childrens.com.

After you enter your username and email address, you will be prompted to create a password. Be sure to write it down and keep it in a safe place in case you forget it. After you create your password, you can log in to the Occupational Health Employee Portal anytime.

Lactation Support

The Children's Health lactation team provides support to employees, as well as mothers of our patients. Services include meetings, lactation classes, lactation rooms, and breast pump kits available through the outpatient pharmacy.